

QUALITY OF LIFE - EQUALITY IN LIFE



Supporting the mission of

EQUALLYWELL

The 6 Essential Elements



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1

A holistic, person centred approach to physical and mental health and wellbeing

2

Effective promotion, prevention and early intervention

3

Equity of access to all services

4

Improving quality of health care

5

Care coordination and regional integration across health, mental health and other services and sectors which enable a contributing life

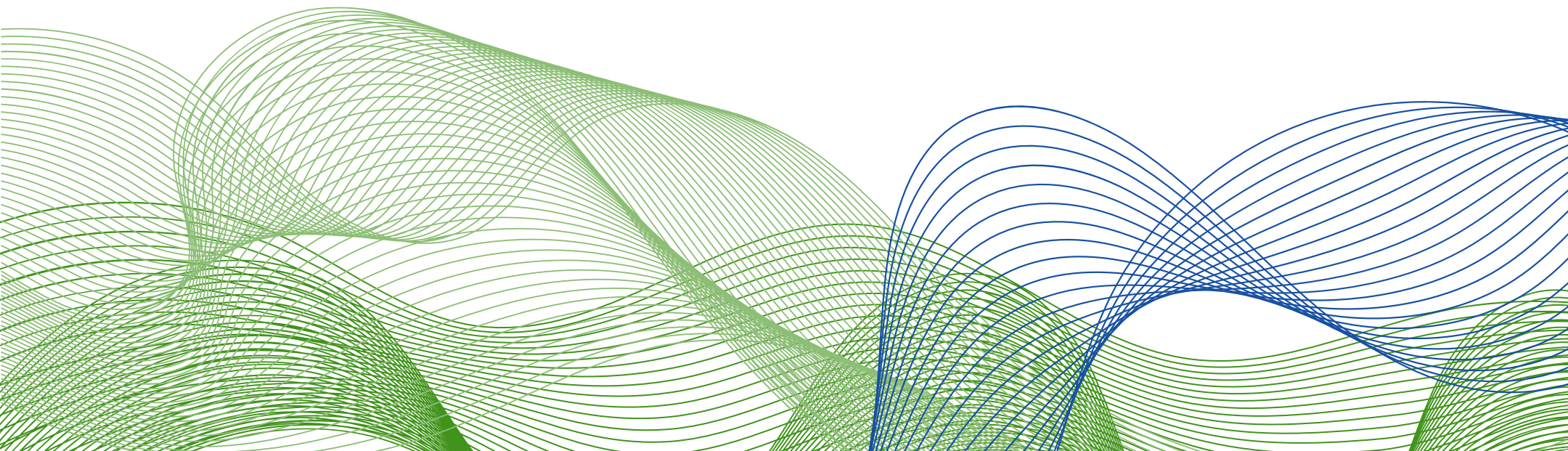
6

Monitoring of progress towards improved physical health and wellbeing



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**Closing the life expectancy gap
between people living with
mental illness and
the general population.**



Did you know...

People living with mental illness are more likely to have poorer physical health.



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Four out of every five people living with mental illness have a co-existing physical illness.



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“

**BE A PART
OF THE
CHANGE**

”

www.equallywell.org.au



EQUALLYWELL is all of us!

