

## What if my GP is not able to be involved?

There are several GPs who will be able to provide support who are registered with the ADHD GP Shared Program.

If you need a referral to another GP, the ADHD Shared Care Co-ordinator at CAMHS can assist. Please email [CAMHSResources@sa.gov.au](mailto:CAMHSResources@sa.gov.au) for help with this.

Complete and send your consent form to CAMHS Shared Care to access this service. Contact details are on the form.

## Your First ADHD Shared care visit:

At your initial ADHD Shared Care GP appointments, you will discuss and plan your long term care and visits.

Your GP will write to the ADHD GP Shared Care Psychiatrist in preparation for your first Transition psychiatry visit.

Your GP will also apply for an authority to be your authorised medication prescriber. This may take several ADHD Shared GP visits to complete.

## Helpful Tips:

Booking long appointments with your ADHD Shared Care GP is recommended.

Your ADHD care is in addition to any other health care for which you would normally see your GP.

Carefully plan and book appointments for repeat scripts, allowing adjustments for certain situations such as if you are going on holidays.

## For more information:

Go to <https://www.wch.sa.gov.au/professionals/clinical-resources/gp-collaborative-and-shared-care>

and scroll down to "CAMHS ADHD Shared Care"

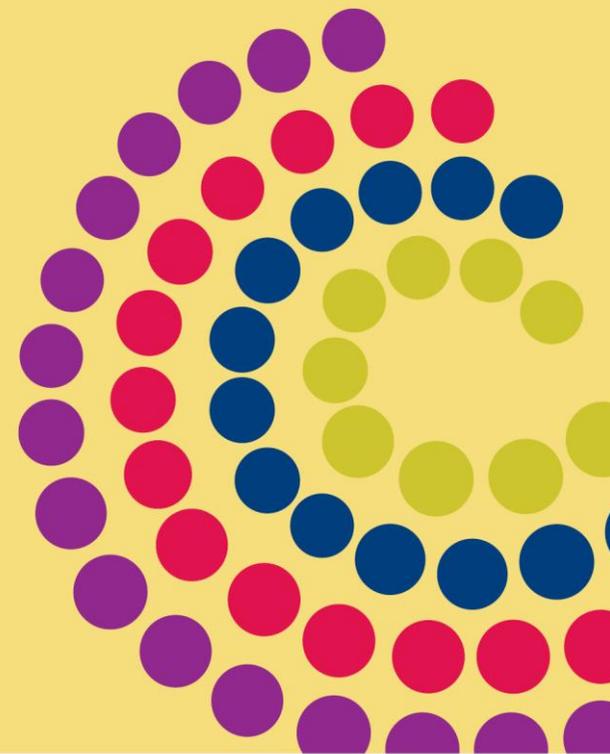


# GP ADHD Shared Care Program

## Patient Information

Child & Adolescent Mental Health Services  
(CAMHS)

March 2025



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Child & Adolescent Mental Health Services (CAMHS)

## What is the ADHD Shared Care Program?

The aim of the GP ADHD Shared Care Program is to

1. Provide the majority of your ADHD care with a Shared Care GP and
2. Assist in the transition of your specialist ADHD care from your paediatrician to a psychiatrist when you turn 18.

## Why is this necessary?

The medication used to treat ADHD requires special authority for ongoing management.

The special authority means that the treating specialist regularly provides care for you and reviews your medication. This is a legal requirement in South Australia.

The Shared care program enables your GP to manage your medication by getting support from the treating specialist to obtain the special authority to prescribe your medication.

The treating specialist changes with your age:

- Under 18 you'll see a Paediatrician or Child Psychiatrist.
- After 18 you'll see an Adult Psychiatrist for long term support.

## Eligibility for GP Shared Care

You have been offered this GP Shared Care service because your Paediatrician has determined your ADHD medication dose is stable.

## What are the benefits of the program?

You can access ADHD health care from your regular GP. Regular reviews with both your GP and the specialist can ensure your ADHD care is best for your health and well-being.

This can reduce the need for unnecessary hospital clinic visits. This program provides the necessary Psychiatrist visit when you turn 18 and transition from paediatric care to adult care.

This program means your GP can provide scripts for your regular ADHD medication, making it easier to get the medication you are prescribed.

## What are the costs?

There are no special costs for the ADHD Shared care program. The out-of-pocket costs will be the same as your healthcare provider's usual fees.

## Role of your GP

1. Monitor your overall health and well-being and contact your specialist paediatrician or psychiatrist to discuss any significant changes in your health.
2. Treat any minor side effects and support and manage any major side-effects so that you stay well.

3. Inform the consultant psychiatrist of any side effects that concern you, so they can ensure your medication dosage is just right for you long-term.

## What happens next?

Your specialist Paediatrician will write to your GP that they have recommended you for the ADHD Shared Care program. They will provide you with the

- GP ADHD Patient Information,
- GP Letter &
- Consent Form.

Please take these documents to an appointment with your regular GP and find out if your GP can provide your ADHD Shared Care in the first instance.

Your regular GP may take on your ADHD Shared Care or they may recommend that you see another ADHD Shared Care GP.

There is a section on the consent form which you can fill out to specify if you will be seeing your regular GP for care or if you need a referral to another GP.

Once you have chosen who will be your ADHD Shared Care GP, you can book your first ADHD Shared Care appointment.

Once you are registered with a regular ADHD Shared Care GP, you will be offered your first transition care psychiatry visit.

The specialist Paediatrician will also refer you to the specialist CAMHS Transition Psychiatrist.