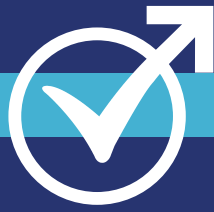


MEN'S HEALTH CHECKS



KYMF
#KnowYourManFacts

www.knowyourmanfacts.com



50

men a day die from preventable causes in Australia



We give men fewer chances to get health checks



Health checks can reduce your risk of dying too young

7 men's health checks to get before you die



1. Check your numbers



2. Get a sense check



3. Check down under



4. Check for cancer



5. Check your heart



6. Check your head



7. Check your habits

You can be a men's health champion



1

Get checked



2

Take action



3

Tell your mates



Visit www.knowyourmanfacts.com to get your full men's health checks toolkit

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#KnowYourManFacts

AMHF
AUSTRALIAN MEN'S HEALTH FORUM